

University Dental Associates

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Post-Op Instructions for Tooth-Colored Fillings

- Your anesthesia will wear off in approximately 1 to 3 hours after the procedure. It is very important not to chew on the numb side (to prevent biting tongue, lip, etc.) until the anesthesia wears off.
- Your tooth (or teeth) may be sensitive to hot, cold, or pressure from this procedure. This is COMPLETELY normal. The more invasive the procedure, the more sensitivity you may experience. The possible symptoms of hot, cold, or pressure should cease within a few days to a couple of weeks. In very few instances this sensitivity could last longer than a couple of weeks. As long as your teeth or gums are continuing to feel better, (not staying the same, or getting worse) everything is fine. There is no need for concern.
- Once the anesthesia has worn off, the teeth we have worked on may feel as if they are hitting first, if so please call immediately to schedule for an adjustment.